

Tziporah Lieff

LMSW

732-801-3954

liefft6@gmail.com



Tziporah Lieff is a licensed therapist (LMSW) who feels privileged to be invited into her client's inner world. She has a client-centered approach and believes that the client is the expert in her own process. She works from an attachment theory and relational lens to help people who are struggling with trauma, life transitions, relationship issues, depression and complex family dynamics. Tziporah is an eclectic therapist who draws from a variety of disciplines and a large range of proven methods to determine the best combination of therapeutic tools to help the client. She employs techniques from Cognitive-Behavioral Therapy models, mindfulness-based interventions, Dialectical Behavioral Therapy, Internal Family Systems and Emotion Focused Therapy. She has worked as a school guidance counselor for close to two decades and supports students, staff and families by providing social and emotional services in a nonjudgmental and empathic way. She has successfully worked with children, teenagers and (young) adults from a myriad of cultural backgrounds. Tziporah graduated with honors from Wurzweiller School of Social Work and received the Excellence in Practice Award.

In her words: I am committed to honoring the depth and significance of every part of your story and aim to create a truly safe space where you can feel comfortable being your authentic self. My goal is to empower you to discover insights, develop resilience, and embark on a path of positive change. I believe therapy is a collaborative process in which you and I can meet your therapeutic goals, and provide tools for you to take control of your life and thrive outside of the clinical setting.

Davidovics Therapy Group | Marcy Davidovics, LCSW